



DEVIANCE
& DESIRE

Rope Handcuffs with lock

ROPE

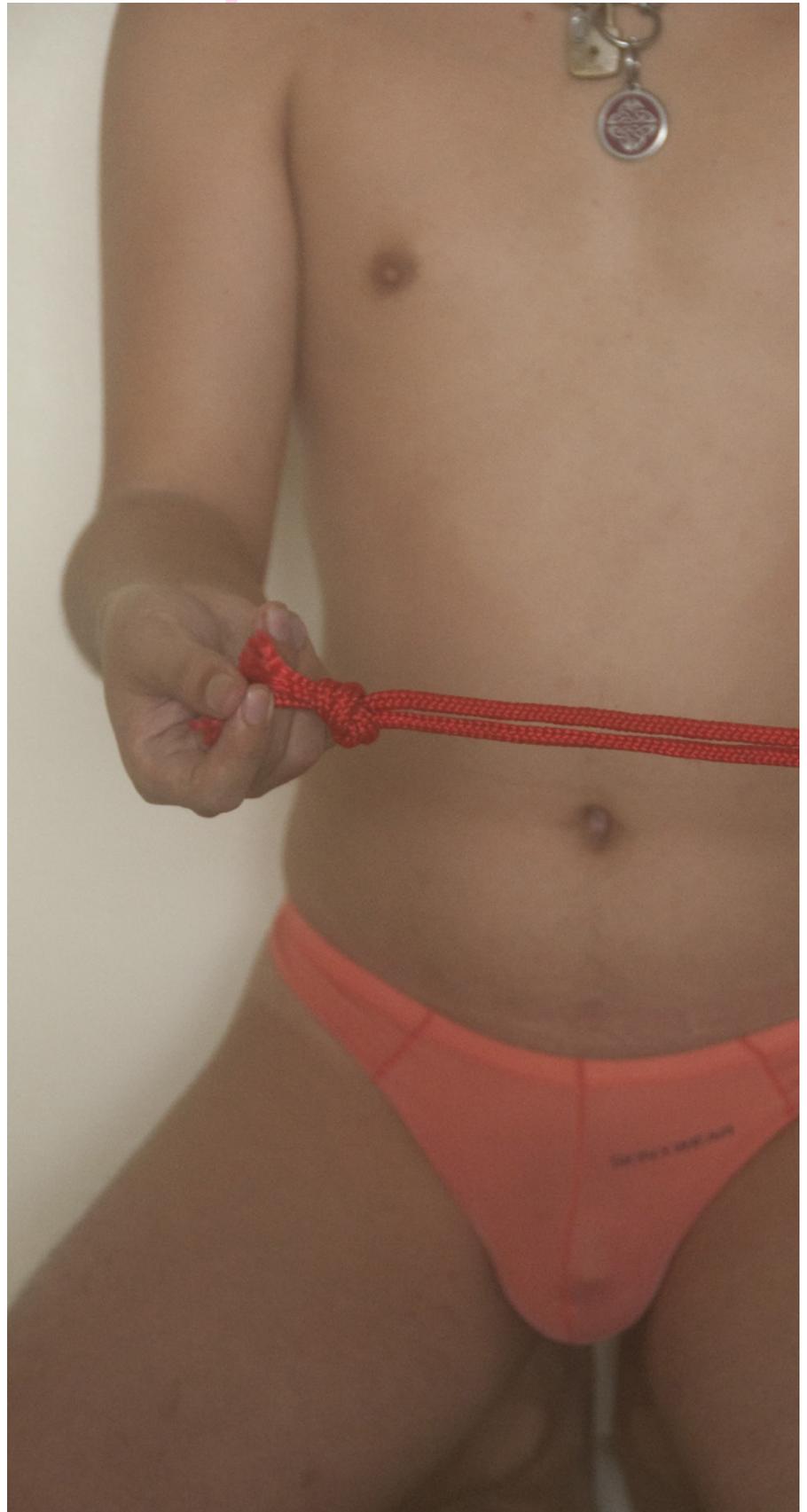
We're using a 4 metre (13') long, 6mm Japanese cotton rope in these pics. Other lengths and widths will work too, so you can use pretty much anything you have.

KEY

You won't be able to get out of these cuffs without a key, so if you want to delay your escape, drop your key into a bottle of water and freeze it. For safety, experiment with this before hand so you know how long it will take until you can access your key again.

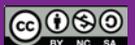
TECHNIQUE

Start by tying the two ends of your rope to form a closed loop.



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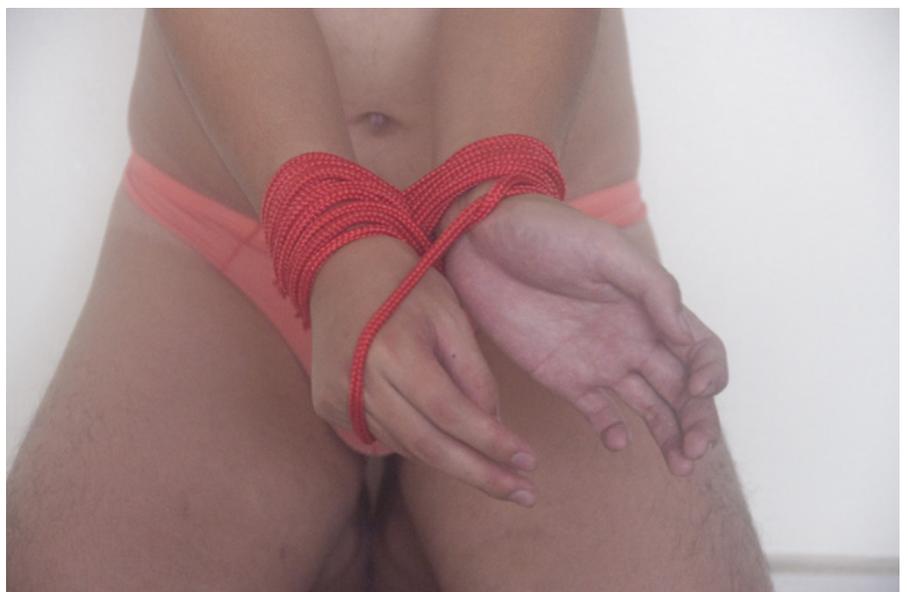
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Put one wrist through the loop and then begin weaving the double rope back and forth between your wrists.



To finish, work your hand inside the loop so that the ropes firmly secure your hands.







Secure a lock between the first loop you did and the last one and you're done. If the ropes were firm enough, you won't get out of this until your key is available.